



Dear member,

Given the growing number of corona patients and the growing alarm of our members regarding the subject, we feel it's needed to put out our own statement and policy regarding the virus. We've read the advice of the RIVM and we've based our own policy on this. If you have questions we highly advise you to read the information on the website of the RIVM:

<https://www.rivm.nl/coronavirus/covid-19/vragen-antwoorden>

Measures and advice:

1. If you suffer from a cold or respiratory complaints or a fever, we ask you to stay at home. As you've noticed the area we're in has a high risk for contracting the corona virus. In every other case we still welcome you like always. However, we do ask you to inform us on any symptoms, so we can inform the riding school if needed.
2. We highly advise everyone to sneeze and cough in their elbows and to use paper (disposable) handkerchiefs.
3. Regularly wash your hands.
 - How do I wash my hands properly? First, make sure the entirety of your hands and your wrists are wet. Rub your hands with soap for twenty seconds. Remember to clean between your fingers and to clean your thumbs and nails as well. Afterwards make sure to thoroughly dry your hands.
4. We advise everyone to avoid shaking hands.
5. While horseriding, wearing (riding) gloves is obligated.
6. Wearing a face mask is obliged. You can take it off when you're on your horse.
7. No public is allowed outside the riding arena. The picnic tables will be removed. Please understand that this means you will have to watch your own possessions.

In case you still don't feel safe and/or have a family member or someone close to you who's in the high risk group, we completely understand if you choose to stay home from our weekly riding lesson and upcoming events. However, we have to stress that canceling a lesson or an activity is not free of charge. Please see the house rules for this.

Furthermore, we want to ask you to refrain from posting about the corona virus in any of our group chats. Almost everyone follows the news themselves, and as an association we don't want people spreading panic. If you have questions you can send an email to any of the board members or text them privately or, as mentioned above, check the information on the website of the RIVM.

This will be our policy until further notice. Our policy is in line with the policy of the riding school. However, if they might change their policy, we will ofcourse inform you and adjust our own policy according to theirs.

We thank you for your understanding,

T.S.R. Cave ne Cadas